

[Search](#)

- [Sign Up](#)
- [Sign In](#)

[Research and Media Network](#)

Bringing people together to improve communication of research findings

- [Main](#)
- [My Page](#)
- [Members](#)
- [Photos](#)
- [Videos](#)
- [Forum](#)
- [Groups](#)
- [Blogs](#)
- [All Blog Posts](#)
- [My Blog](#)
- [Add](#)



Search for Herbal Alternatives for Popular Barrier Device used during Sexual Intercourse

- Posted by [Pankaj Oudhia](#) on July 18, 2012 at 20:08
- [View Blog](#)

Excerpts from my Jungle Diaries (April 2012 onwards) Part-14

(In continuation of Part-13)

“Tired of using Condoms. Although much research has been done to improve the performance of this barrier device but for me still it is like barrier. I am expecting that the Traditional Healing must have some promising solutions for this.” I was in Cuttack many years back for my presentation on

Allelopathic effects of weeds on Rice germination and seedling vigor where fellow delegate was discussing on this important topic.



(Medicinal Mite Trombidium used for sexual health- Picture by Pankaj Oudhia)

“There are many safe alternatives to condom and tribals are using it under supervision of the Traditional Healers. Neem oil is one of these alternatives. Smear it on your organ before sexual intercourse and forget every thing about infection. Neem is well known and well researched plant for spermicidal properties. The natives are using it since time immemorial without any complaint. The sharp smell of Neem oil is problem for many but not for the natives as they use it round the year from hair care to injury care. They like its smell and claim that during sexual intercourse this smell enhances the performance. You can try this as Neem oil is easy to find both in urban and rural India. In urban areas you can get pure oil free from adulteration. It will be better to collect it from Traditional Healers as they collect the seeds from special Neem trees. These trees are treated up to many years with the help of herbal extracts and leachate in order to enrich it with desired medicinal properties.” I suggested.



(Neem seeds- Picture by Pankaj Oudhia)

The fellow delegate was from US. I arranged Neem oil for him and he returned back with big thanks.

In next conference in Mumbai we met again. He disclosed that he was attending the conference specifically to meet and interact with me. It was surprising information for me. He made all efforts to stay with me but failed. During dinner he got chance to interact.

“Neem oil is no doubt very effective but smell is very odd. I started liking it but my partners hate it. I tried to remove its odd smell but failed. Adding five to six types of strong smelled oil also failed to reduce the smell.” He explained.

“Never try to add other oil with it. It will loose the medicinal properties. You are using it for protection and there must be no compromise with safety. Please note it.” I warned.

“OK. That’s good lesson. Are you aware of any more such measure?” He asked.

“Yes, another well documented option is the use of special Honey. There are many types of Honey available in market. The consumers purchase it for its sweet taste and this is the reason honey is often adulterated with substances that makes it sweet. The Healers prefer Honey collected from wild on specific season. It must be bitter to some extent. By testing it they identify the species from which it was collected by bees. Living with the expert Healers I tried hard to learn this science but still not able to identify the source of honey mere by tasting it. The Healers recommend its use like use of Neem oil. The special Honey is considered as Aphrodisiac. Both partners are suggested to take it internally before sexual intercourse and smear it on their genitals before starting the play. I have noted during Ethnobotanical surveys that many couples like it but it is not very popular. I also noted that Neem oil is preferred over it. Now I am sure that you will request me to arrange it but for that you have to visit to the Traditional Healers. You will get in small amount as per requirement of single male not for your round the year never ending entertainment.” I said.



(Traditional Honey Collector Shri Dhanuhar- Picture by Pankaj Oudhia)

“I see a good business in it. We can grow the trees visited by Honeybees for this special Honey and then sell it around the world.” He proposed out of joy.

“You must ask to the Healers about it because they are real knowledge holders. I have just documented the Traditional Knowledge.” I replied.

It is very interesting topic and not much documented information is available. It forced me to focus my surveys on this important aspect. When I decided to start special work on this aspect I fixed some criteria for ideal solution viz. The solution must be for long term use, it must be safe from all angles, it must be safe for genitals too etc. The expert Healers helped me to select these criteria. When started the surveys surprisingly I got much knowledge among the Healers. They were in surprise because no one has ever asked about this knowledge earlier. They not only shared the valuable knowledge but also demonstrated its efficacy.

In first two years I collected information about over 500 herbs and hundreds of herbal formulations. All are used externally. At first I collected the knowledge and then gave the plant samples to my researcher friends for lab analysis. They examined its antifungal, antibacterial and antiviral properties. They shortlisted the promising plants with all capabilities to greater extent. They published the results as part of their research but I kept the information about my project secret.

I returned back to the Healers with shortlisted promising species. Then observed the live demonstrations and interviewed the users. The users are not comfortable with all herbs. Many complained about irritation, many about smell and others about different problems. This process resulted in very short list of plants. I returned back.

By adding other herbs used traditionally for sexual health I tried to improve the formulations. These formulations were again presented to the Healers for their expert comments. Most of the improved formulations were rejected for one and more reasons. I selected five potential formulations finally.

When gifted it to many of my friends and shared the story behind it they were surprised.

“You must go for patent as it will be accepted around the world. May be condom manufacturing companies create problem but with the help of clinical trial results you can show its efficacy. If interested we can form a small group focused on it.” They suggested.

“It seems that more work is required on this aspect and I have to document more knowledge. I am not interested in commercializing it. I am keeping it for friends as well as young researchers interested in unique work. I am confident that there is much scope in its improvement and the young researchers will do this job.” I replied.

Few years back I presented the important formulation to the expert Healers of Central India. They tried and found it very effective. In return they presented me another promising formulation. It was single herb based formulation.

“Simply identify this plant in your surrounding and in case of requirement uproot the fresh plant and use its juice directly on the genitals. Stored juice is of no value.” They disclosed.

I observed rich population of the herb in their villages.

”But it is not common plant in other areas and for use at commercial level large numbers of plants are needed. If we develop its agro-techniques then herb growers can be motivated to grow it for the end users.” I said.

“We have never cultivated it in crop fields. Hence, cannot comment on effect of farming on its medicinal properties. In our villagers its use is very popular. Local health department encourages the use of condom as it is available free of cost but everyone ignores the recommendation. No one from our villages is affected by any sexual disease.” They replied.

“It is Karua Booti.” The Healers informed about its local name.

In general bitter herbs are known as Kadua or Kadu. I recognized the plant as Bhanbhana Booti used by the Healers of Peninsular India for different diseases specially at last stage when other remedies fail to give the desired effects.

The Healers of Peninsular India are not aware of this property. Later when I searched this herb in my database I found over 100 local names of this herb in different parts of India. Presence of this herb is reported from Nepal and Sri Lanka. I will be fortunate to interact with the Traditional Healers of these neighboring countries on this particular herb.

The ancient literature related to different systems of medicine in India describes this herb useful in treatment of sexually transmitted diseases. Its internal use is mentioned but documents describing its external uses are not present.

During my visit to Niyamgiri Hills I discussed about this herb with the Traditional Healers. In this region along with other herbs it is used for fungal infections in genital areas specially during rainy season. When I shared knowledge about its use externally on genitals as promising and safe alternative to condom the Healers showed surprise. They thanked and promised to share this knowledge with fellow Healers for further improvement.

When I started documentation work on Extra-ordinary sexual performances many Healers mentioned similar Formulations but they added that these formulations are not in use these days. I added it in forgotten formulations section of my database.

(contd.)

Related Links

Pankaj Oudhia's Medicinal Plant Database

www.pankajoudhia.com

Millions of Pages on Indian Traditional Healing

<http://www.scribd.com/pankajoudhia>

Thousands of Films and Film Strips

<https://www.youtube.com/user/pankajoudhia>

Thousands of Pictures and Films

<http://www.flickr.com/photos/pankajoudhia/>

Views: 583

[Share](#) [Tweet](#) [Facebook](#)

- [< Previous Post](#)
- [Next Post >](#)

Add a Comment

You need to be a member of Research and Media Network to add comments!

[Join Research and Media Network](#)

About



[Matthew Wright](#) created this [Ning Network](#).

Welcome to
Research and Media Network

[Sign Up](#)
or [Sign In](#)

© 2021 Created by [Matthew Wright](#). Powered by_

[Badges](#) | [Report an Issue](#) | [Terms of Service](#)